

All India Bank of Baroda Officers' Association

(Central Office)

Registered Under Indian Trade Unions Act, 1926 & Recognised by Bank

(Affiliated to INTUC-INBOC)



CIRCULAR TO MEMBERS NO.28 OF 2018

1st October,2018

Dear Members,

Observe Work-Life-Balance, in letter and spirit

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As you are aware our officers fraternity has been subjected to enormous stress due to ever increasing workload, inadequate staff, continuous pressure from multifarious controllers, over-ambitious targets, misplaced business priorities, extended working hours etc. This has been taking a heavy toll on the efficiency level and is the root cause of frustration and anxiety resulting in depression, helplessness and diseases such as Diabetes, High BP, Cardiac problems etc. Officers constantly receive SMS and instructions over WhatsApp messages even at odd hours. This has adversely affected their social and family life. Banking system has forgotten that an Officer is just not an employee of the Bank, but also a spouse/son/father/mother and an integral part of the Society. The situation has become intolerable as we find Officers virtually chained to their official duties and have no respite, even while at home.

Work-Life-Balance is the need of the hour. Many top global companies are addressing this sensitive issue through various measures. State Bank of India has issued a comprehensive instructions addressing the need for a Work-life balance. However, the ground reality almost in every Bank is that majority of officers are stressed and do not have a work-life balance,

which is attributed specially to the instructions received through SMS and WhatsApp.

In this context, all our officers' organisations met in Mumbai on 29th September, 2018, discussed the issue in detail and unanimously decided to address this menace. The meeting decided unanimously to call upon all our Officers not to attend/respond to the 'official' SMS/WhatsApp messages, received from the Controlling Authority/Zonal Heads between 8pm and 8am.

We urge upon our members to respond to the above clarion call and implement the decision in letter and spirit, forthwith.

With greetings,

Yours sincerely

(PREM MAKKER)
GENERAL SECRETARY

PLEASE CIRCULATE AMONGST OFFICER-COLLEAGUES